

# **Weekly Cleaning Schedule**

### **Monday: Bathrooms**

Clean toilets, bathtubs, and showers. Wipe down mirrors and counters. Mop the floors.

# **Tuesday: Kitchen**

Wipe down countertops, stove, and oven. Clean out the refrigerator.
Mop the floor.
Empty the trash and recycle bins.

#### **Wednesday: Bedrooms**

Dust furniture and light fixtures. Vacuum or mop the floor. Change bed linens. Tidy up clutter.

## **Thursday: Living Room**

Dust furniture, shelves, and electronics.
Vacuum or mop the floor.
Clean mirrors and windows.
Straighten up books, magazines, and other items.

#### Friday: Laundry

Wash clothing, towels, and bed linens. Fold and put away clean laundry. Iron as needed.

### Saturday: Outdoor Areas & Miscellaneous Tasks

Sweep porch and patio. Tidy up yard or garden. Clean car interior.

Tasks specific to your home or family, such as pet care or home office cleaning.

# **Sunday: Rest & Planning**

Rest and recharge for the week ahead.

Plan meals, shopping lists, and other tasks for the coming week.